

On
Sea

LOUIE

Food

Confit chicken sandwich nduja roast peppers, aioli, crispy onions, rocket	£10
Roast Mediterranean vegetables sandwich lemon hummus, spinach, toasted seeds (vgn)	£8.5
Casarecce pasta salad heritage tomato, courgette, peppers, salsa verde, crispy onion (vgn)	£6 / £9
+ mozzarella £1.5	
Caesar salad romaine lettuce, croutons, shaved parmesan, anchovy dressing	£6 / £9
+ chicken £3	
Side salad romaine lettuce, watercress (vgn, gf)	£3
Soup of the day (v)	£6
Quiche of the day (v)	£5
Frittata of the day (v)	£5
Kids' pasta tomato & basil sauce (vgn)	£5
Vegan roll harissa sweet potato, chick pea, lentil (vgn)	£5
Sausage roll pork, black pudding	£5
Pineapple, banana, spinach, mint, coconut milk smoothie (vgn, gf)	£5.5
Blueberry, banana, almond butter, oat milk smoothie (vgn)	£5.5
Greek yoghurt , granola, fruit compote (v, vino)	